

Certificate of Quality and Safety

(1st October 2026)

Technical Standards 9345-037-73510483-03

Name of Product: «Dietary Supplement Shilajit (Mumijo) «Siberian Healer»

Net Weight: Thick resin in plastic or glass jars / bags

Qty: 3000 kg; **Batch No:** 10.00100

Manufacture Date: 1st September 2026 / **Expiration Date:** 1st September 2031

Normative Documents: Technical conditions 377-029-92374108-05; Technical Regulations of the Customs Union « On the safety of Food Products» TR CU 021/2011

Origin: Russian Federation / The republic of Altai / Altai Mountains / Kosh-Agach district

TECHNICAL SPECIFICATION



Name of Indicators, Ingredients			Results	Permissible Levels	Test Method
<u>Heavy metals; Microbial attributes; Authenticity</u>					
Lead mg/kg			0.37	not more 6	GOST 26929-94
Cadmium mg/kg			0.077	not more 1	GOST 26929-94
Arsenic mg/kg			0.22	not more 12	GOST 31628-2012
Mercury mg/kg			0.011	not more 1	GOST 34427-2018
Heptachlor mg/kg			Not detected	not more 0.01	MU 2142-80
Aldrin mg/kg			Not detected	not more 0.01	MU 2142-80
Pathogenic flora, including salmonella, in 10,0 gm.			Not detected in 10 gm	Not allowed in 10 gm	GOST 31659-2012
Quantity of Mesophilic Aerobic and Facultative Anaerobic Microorganisms, CFU/gm not more than			Less 1x102	not more 1x104	GOST 10444.15-94
Pathogenic Bacteria (coliform) in 0,1 gm.			Not detected in 0.1 gm	Not allowed	GOST 31747-2012
Staphylococcus Aureus in 1 gm			Not detected in 0.1 gm	Not allowed	GOST 31747-2012
B.cereus, CFU/gm not more than			Not detected in 200 gm	not more 2x102	GOST 10444.8-2013
Yeast and mold CFU/gm not more than			Less 10	not more 10	GOST 10444.8-2013
Test for authenticity			Authentic	Authentic	
Taste			Conforms	Viscous mass with smooth shiny surface,	
Colour			Conforms	Bitter – tart; Typical resinous	
Metal report and Chemical elements					
Name	Results	Test Method	Name	Results	Test Method
Beryllium mg/kg	Less 0.01	PND F 16.1:2.3:3.11-98	Silver mg/kg	8.5	PND F 16.1:2.3:3.11-98
Vanadium mg/kg	2.5	PND F 16.1:2.3:3.11-98	Thallium mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98
Tungsten mg/kg	12.2	PND F 16.1:2.3:3.11-98	Tellurium mg/kg	0.2	PND F 16.1:2.3:3.11-98
Lanthanum mg/kg	0.2	PND F 16.1:2.3:3.11-98	Titanium mg/kg	48.5	PND F 16.1:2.3:3.11-98
Tin mg/kg	Less 0.01	PND F 16.1:2.3:3.11-98	Aluminum mg/kg	450	PND F 16.1:2.3:3.11-98
Barium mg/kg	7.6	PND F 16.1:2.3:3.11-98	Magnesium mg/kg	15900	PND F 16.1:2.3:3.11-98
Boron mg/kg	55	PND F 16.1:2.3:3.11-98	Manganese mg/kg	55	PND F 16.1:2.3:3.11-98
Bismuth mg/kg	0.4	PND F 16.1:2.3:3.11-98	Copper mg/kg	1.2	PND F 16.1:2.3:3.11-98
Iron mg/kg	890	PND F 16.1:2.3:3.11-98	Molybdenum mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98

Potassium mg/kg	4560	PND F 16.1:2.3:3.11-98	Sodium mg/kg	2500	PND F 16.1:2.3:3.11-98
Calcium mg/kg	8500	PND F 16.1:2.3:3.11-98	Nickel mg/kg	240	PND F 16.1:2.3:3.11-98
Cobalt mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98	Selenium mg/kg	0.9	PND F 16.1:2.3:3.11-98
Lithium mg/kg	0.7	PND F 16.1:2.3:3.11-98	Antimony mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98
Chorm mg/kg	Less 0.1	PND F 16.1:2.3:3.11-98	Phosphorus mg/kg	400	PND F 16.1:2.3:3.11-98
Zinc mg/kg	89	PND F 16.1:2.3:3.11-98			



Vitamin Report and Quality indicators

Name	Results	Test Method	Name	Results	Test Method
Vitamin B1 g/kg	Less 0.5	M-04-72-2011	Vitamin B6 g/kg	Less 1	M-04-72-2011
Vitamin B2 g/kg	2.3	M-04-72-2011	Vitamin BC g/kg	Less 5	M-04-72-2011
Vitamin B3 g/kg	Less 5	M-04-72-2011	Vitamin A mg/kg	0.15	M-02-1006-08
Vitamin B5 g/kg	Less 10	M-04-72-2011	Vitamin D3 mg/kg	1.2	M-02-1006-08
Vitamin B12 g/kg	0.8	M-02-1006-08	Vitamin E mg/kg	12.5	M-02-1006-08
Alanine mg/100gm	1030	MVI.MN 1363-2000	Lysine mg/100gm	85.0	MVI.MN 1363-2000
Arginine mg/100gm	7.5	MVI.MN 1363-2000	Proline mg/100gm	170	MVI.MN 1363-2000
Aspartic acid mg/100gm	Less 1	MVI.MN 1363-2000	Serine mg/100gm	1730	MVI.MN 1363-2000
Valine mg/100gm	560	MVI.MN 1363-2000	Tyrosine mg/100gm	14.2	MVI.MN 1363-2000
Histidine mg/100gm	30	MVI.MN 1363-2000	Threonine mg/100gm	130	MVI.MN 1363-2000
Glycine mg/100gm	2100	MVI.MN 1363-2000	Tryptophan mg/100gm	195	MVI.MN 1363-2000
Glutamic acid mg/100gm	65.0	MVI.MN 1363-2000 0	Phenylalanine mg/100gm	60	MVI.MN 1363-2000
Isoleucine mg/100gm	20.5	MVI.MN 1363-2000	Cystine mg/100gm	185	MVI.MN 1363-2000

Methionine mg/100gm	12.8	MVI.MN 1363-2000			
Leucine mg/100gm	95	MVI.MN 1363-2000	Moisture %	10.1	GOST 24027-80
Fulvic Acid %	78.5	R 4.1.1672-03 P3	Humic acid %	8.3	R 4.1.1672-03 P3

Nutritional Report

Name	Results	Test Method
Protein (g / 100g)	32.0	CF003.1 – Determination of Crude Protein by Combustion
Fat (g / 100g)	6.4	CF004.2 – Determination of Crude Fats and Oils by Acid Hydrolysis
Saturated Fat (g / 100g)	6.4	CFH068 – Determination of Fatty Acid Composition in Foods
Mono-unsat Fat (g / 100g)	Less 0.1	CFH068 – Determination of Fatty Acid Composition in Foods
Poly-unsat Fat (g / 100g)	Less 0.1	CFH068 – Determination of Fatty Acid Composition in Foods
Trans Fat (g / 100g)	Less 0.01	CFH068 – Determination of Fatty Acid Composition in Foods
Total sugar (g / 100g)	Less 0.1	CFH001.1 – Determination of Sugar Profile by HPLC
Total Carbohydrate (g / 100g)	15.9	CF029.2 – Total Carbohydrate (inc. Dietary Fibre)
Dietary Fiber (g / 100g)	0.1	CF029.2 – Total Carbohydrate (inc. Dietary Fibre)
Energy (kj 100 g)	1051	CF030.2 – Energy of Foods (inc. Dietary Fibre)
Cholesterol (g / 100g)	Less 0.01	CFH064 – Determination of Cholesterol in Foods

Radionuclides

Name	Results	Test Method
Strontium specific activity Bk/kg	Less 10	GOST 32163-2013

Dietary Supplement Shilajit (Mumijo) «Siberian Healer» batch No 10.00100, conforms with requirements of technical conditions 9345-037-92374108-03 and requirements of Technical Regulations of the Customs Union « On the safety of Food Products» TR CU 021/2011

Laboratory accreditation certificate ISO/IEC 17035: POCC RU.0001.21ПШ40Production and control engineer

